

Step therapy – Select Formulary

Utilization management updates January 1, 2025



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the step therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered.

Condition	Step 1	Step 2
Anti-infectives		
Antifungals	Both a generic intravaginal product (e.g., clotrimazole, miconazole, tioconazole, terconazole, boric acid) AND generic oral fluconazole	BREXAFEMME²
Bacterial Vaginosis Agents	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	CLEOCIN SUPPOSITORY, CLEOCIN VAGINAL CREAM, NUVESSA, VANDAZOLE
	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	SOLOSEC
Hepatitis B Virus (HBV) agents ³	Any one of the following generics: entecavir, tenofovir	VEMLIDY
Human Immunodeficiency Virus (HIV) agents ³	Any one of the following preferred brands: JULUCA, SYMFI, SYMFI LO, TRIUMEQ OR CIMDUO and any one of the following preferred brands: ISENTRESS, TIVICAY	ATRIPLA
Oral Brand Tetracyclines	Any one of the following generics: doxycycline, minocycline	ACTICLATE, AVIDOXY, DORYX, DORYX MPC, LYMEPAK, MINOLIRA, MONDOXYNE NL, ORACEA, SOLODYN, TARGADOX, VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic Agents	Generic ofloxacin	CETRAXAL
	Both of the following generics: ciprofloxacin-dexamethasone otic suspension AND ofloxacin otic solution	CIPRODEX
Cardiovascular		
Beta Blockers	Any two of the following generics: acebutolol, atenolol, betaxolol, bisoprolol, carvedilol IR/ER, labetalol, metoprolol tartrate, metoprolol succinate ER, nadolol, pindolol, propranolol IR/ER	KAPSPARGO

Bold type = Brand-name drug

Plain type = Generic drug

Condition	Step 1	Step 2
Renin-Angiotensin System Agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTRINA HCT
	Any one of the following generics: amlodipine-olmesartan, amlodipine-benazepril, amlodipine-valsartan, telmisartan-amlodipine, trandolapril-verapamil, benazepril-HCTZ, candesartan-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, losartan-HCTZ, olmesartan-HCTZ, quinapril-HCTZ, telmisartan-HCTZ, olmesartan-amlodipine-HCTZ	EXFORGE-HCT
Fibric Acid Derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND preferred brand LIPOFEN or fenofibrate cap	FENOGLIDE, FIBRICOR
Statins	Any one of the following generics: atorvastatin, fluvastatin IR/ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, LESCOL XL, LIPITOR, LIVALO, ZOCOR
	Generic ezetimibe and any one of the following generics: atorvastatin, fluvastatin IR/ER, lovastatin, pravastatin, rosuvastatin, simvastatin	EZETIMIBE-ROSUVASTATIN², ROSZET²
	Any one of the following generics: atorvastatin, fluvastatin IR/ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND preferred brand LIVALO¹	ZYPITAMAG
Central Nervous System		
ADHD Agents	Any one of the following generics: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER, lisdexamfetamine	AZSTARYS², JORNAY PM²

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Condition	Step 1	Step 2
	Any three of the following generics: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER, lisdexamfetamine	ADDERALL², ADDERALL XR², ADZENYS XR ODT², APTENSIO XR², CONCERTA², COTEMPLA XR-ODT², DAYTRANA², DESOXYN², DEXEDRINE, DYANAVEL XR², EVEKEO², EVEKEO-ODT², FOCALIN², FOCALIN XR², METHYLIN², METHYLPHENIDATE ER², MYDAYIS², PROCENTRA², QUILLICHEW ER², QUILLIVANT², RELEXXII², RITALIN², RITALIN LA², VYVANSE², VYVANSE CHEW², XELSTRYM², ZENZEDI²
	Any two of the following generics: atomoxetine, guanfacine ER, clonidine ER AND a methylphenidate class drug AND and an amphetamine class drug	INTUNIV, KAPVAY, QELBREE², STRATTERA²
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	BRIVIACT, XCOPRI
	Any one of the following generics: topiramate IR, topiramate IR sprinkle	QUDEXY XR, TROKENDI XR, topiramate ER
	Generic topiramate IR sprinkle	EPRONTIA
	Generic lacosamide IR	MOTPOLY XR
	Generic oxcarbazepine IR	OXTELLAR XR
	Generic levetiracetam ER	ELEPSIA XR
Antidepressants ³	Generic bupropion ER	APLENZIN², BUPROPION XL², FORFIVO XL²
	Any two of the following generics: desvenlafaxine ER, duloxetine, venlafaxine IR/ER	FETZIMA²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine IR/ER, sertraline, venlafaxine IR/ER	CITALOPRAM CAP , DESVENLAFAXINE ER², DRIZALMA², PAXIL SUSPENSION, SERTRALINE CAP, TRINTELLIX², VENLAFAXINE TAB 112.5MG²
	Any three of the following generics: bupropion, citalopram, desvenlafaxine ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine IR/ER, sertraline, venlafaxine IR/ER	AUVELITY²
Antidepressants	Generic vilazodone	VIIBRYD²
Antipsychotics ³	Any two of the following generics: aripiprazole, asenapine, clozapine, olanzapine, paliperidone, quetiapine IR/ER, risperidone, ziprasidone	CAPLYTA², FANAPT², LYBALVI², SAPHRIS², SECUADO²
	Any one of the following preferred brands:	INVEGA HAFYERA
	INVEGA SUSTENNA, INVEGA TRINZA	
Insomnia Agents	Any one of the following generics: doxepin, eszopiclone, temazepam, zaleplon, zolpidem IR/ER	BELSOMRA², DAYVIGO²

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Condition	Step 1	Step 2
	Any two of the following generics: doxepin, eszopiclone, ramelteon, triazolam, temazepam, zaleplon, zolpidem IR/ER AND any one of the following preferred brands: BELSOMRA¹ , DAYVIGO¹	QUVIVIQ²
	Generic zolpidem IR/ER	AMBIEN², AMBIEN CR², EDLUAR², ZOLPIDEM CAP²,
Migraine Agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	ONZETRA XSAIL², TOSYMRA², TREXIMET², sumatriptan/naproxen ² , ZEMBRACE SYMTOUCH², ZOMIG NASAL², ZOLMITRIPTAN SPRAY²
Neurologic Agents	Generic gabapentin IR	gabapentin (once-daily) ² , GRALISE²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin IR, pregabalin	LYRICA CR², pregabalin ER ² , SAVELLA²
Non-Narcotic Analgesics	Any two of the following generics: celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclufenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	CAMBIA, CELEBREX², diclofenac capsule, diclofenac powder, INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsule, indomethacin suppository, indomethacin suspension, LOFENA, MELOXICAM susp, TIVORBEX, TOLECTIN, ZIPSOR, ZORVOLEX
Opioid Withdrawal	Generic clonidine	LUCEMYRA²
Parkinson's Disease	Both of the following generics: carbidopa-levodopa AND carbidopa-levodopa ODT	DHIVY
	Generic carbidopa-levodopa IR/ER	RYTARY
	Generic entacapone	ONGENTYS
	Both of the following generics: rasagiline AND selegiline	XADAGO²
Dermatology		
Rosacea	Any one of the following generic or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	EPSOLAY, FINACEA GEL, NORITATE, ZILXI
	Any one of the following generic or preferred brands: metronidazole gel, FINACEA FOAM, SOOLANTRA	METROGEL
	MIRVASO	RHOFADE
Topical Acne Treatments	Any one of the following preferred brands: EPIDUO FORTE, ONEXTON, TWYNEO	ACANYA, BENZACLIN, BENZAMYCIN GEL 5-3%, VELTIN, ZIANA
	Any two generic single-agent topical clindamycin products	CLINDAGEL
Topical Anesthetics	Generic lidocaine 5% patches	ZTLIDO
Topical Immunomodulators	Generic tacrolimus ointment	ELIDEL², pimecrolimus ² , PROTOPIC² ointment

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Condition	Step 1	Step 2
	Any one of the following topical generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halcinonide, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	EUCRISA, OPZELURA²
	Any three of the following topical generics or preferred brands: clocortolone 0.1% cream, fluocinolone acetonide 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, TACLONEX SUSPENSION, ENSTILAR FOAM	SERNIVO
Topical Miscellaneous Agents	Both of the following generics: fluorouracil AND imiquimod 5%	KLISYRI
	Generic imiquimod 5%	imiquimod 3.75%, ZYCLARA
Endocrinology		
Basal Insulin	Any three of the following preferred brands: BASAGLAR, LANTUS, REZVOGLAR, TOUJEO, TRESIBA	BASAGLAR TEMPO, INSULIN GLARGINE-YFGN, SEMGLEE
Blood Glucose Meters and Strips ²	Both of the following: CONTOUR NEXT, ONETOUCH	All other brands
Diabetic Agents	Any one of the following generics: metformin IR/ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	CYCLOSET, RIOMET
DPP4 Inhibitors	Any one of the following generics: metformin IR/ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA
	Any one of the following generics: metformin IR/ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the preferred brands: JANUMET¹, JANUMET XR¹, JANUVIA¹ AND any one of the following preferred brands: JENTADUETO¹, JENTADUETO XR¹, TRADJENTA¹	ALOGLIPTIN, ALOGLIPTIN/METFORMIN, ALOGLIPTIN-PIOGLITAZONE, KAZANO, KOMBIGLYZE XR, NESINA, ONGLYZA, OSENI, saxagliptin, saxagliptin/metformin, SITAGLIPTIN, SITAGLIPTIN/METFORMIN, ZITUVIO

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Condition	Step 1	Step 2
Emergency Hypoglycemia Agents	Any one of the following generic or preferred brands: BAQSIMI, GLUCAGON KIT (manufactured by Fresenius), ZEGALOGUE , generic glucagon kit	LILLY GLUCAGON KIT, NOVO GLUCAGEN HYPOKIT, GVOKE
SGLT2 Inhibitors	Any one of the following generics: metformin IR/ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the following preferred brands: FARXIGA, XIGDUO XR AND any one of the following preferred brands: GLYXAMBI, JARDIANCE, SYNJARDY, SYNJARDY XR, TRIJARDY XR	BEXAGLIFLOZIN, BRENZAVVY, INVOKAMET, INVOKAMET XR, INVOKANA, QTERN, SEGLUROMET, STEGLATRO, STEGLUJAN
	Both of the following preferred brands: FARXIGA AND JARDIANCE	INPEFA
Short-Acting Insulin	Any two of the following preferred brands: ADMELOG, APIDRA, FIASP, HUMALOG/ BRAND LISPRO, LYUMJEV, NOVOLOG	HUMALOG TEMPO, LYUMJEV TEMPO
Thyroid Replacement	Generic levothyroxine tablets	LEVOTHYROXINE CAPSULE, THYQUIDITY
Gastroenterology		
Bowel Prep Agents	Any one of the following preferred brands: CLENPIQ, SUFLAVE, SUPREP	MOVIPREP, OSMOPREP, PLENVU
Constipation Agents	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: LINZESS¹, MOVANTIK¹, SYMPROIC¹	AMITIZA²
	Any one of the following generics: lactulose, polyethylene glycol	LINZESS², MOVANTIK², SYMPROIC²
	Any one of the following generics: lactulose, polyethylene glycol AND preferred brand LINZESS¹	MOTTEGRITY²
	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: MOVANTIK¹, SYMPROIC¹ AND generic lubiprostone ²	RELISTOR²
	Any one of the following generics: lactulose, polyethylene glycol AND preferred brand LINZESS¹ AND generic lubiprostone ²	TRULANCE²
Irritable Bowel Syndrome	APRISO	ASACOL HD, DELZICOL, LIALDA
	Generic mesalamine AND preferred brand APRISO	PENTASA
Pancreatic Enzymes	Both of the following preferred brands: CREON AND ZENPEP	PANCREAZE, PERTZYE, VIOKACE

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Condition	Step 1	Step 2
Proton Pump Inhibitors	Any two of the following generics: dexlansoprazole, esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole	ACIPHEX², DEXILANT², LANSOPRAZOLE susp, FIRST-OMEPRAZOLE, FIRST-PANTOPRAZOLE, KONVOMEPR², PREVACID², PRILOSEC², PROTONIX², RABEPRAZOLE SPRINKLE², ZEGERID²
Hematology		
Coagulation Factors ³	NOVOSEVEN RT	SEVENFACT
Miscellaneous		
Antigout Agents	Generic colchicine tablets	COLCRYS, MITIGARE
	Generic allopurinol	ALLOPURINOL, ULORIC , febuxostat
Iron Replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	ACCRUFER, FERAHEME , ferumoxytol, INJECTAFER, MONOFERRIC
Phosphate Binders	Any two of the following generics or preferred brand: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl, AURYXIA	VELPHORO, XPHOZAH
	Any two of the following generics: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	FOSRENOL, PHOSLYRA
Obstetrics and Gynecology		
Contraceptives	Generic norethindrone	SLYND
	Any one of the following generics: Gemmily, Merzee, Taysofy, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
	Any one of the following generics: Xulane, Zafemy, levonorgestrel-ethinyl estradiol	TWIRLA
Hormone Replacement	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING²
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA
	Generic estradiol patch	ALORA, MENOSTAR, MINIVELLE, VIVELLE-DOT
Oncology		
Chemotherapy Rescue Agents	Generic levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma Agents	All of the following generics and preferred brand: latanoprost AND travoprost AND LUMIGAN	IYUZEH², VYZULTA², XELPROS²
Ophthalmic Antihistamines	Both of the following generics: azelastine AND olopatadine	BEPREVE , bepotastine, LASTACAPT, ZERVIAE
Ophthalmic Antiinflammatory Agents	Any one of the following generic ophthalmic solutions: diclofenac, flurbiprofen, ketorolac	BROMSITE² , bromfenac soln 0.07% ² , bromfenac 0.075% ² , ILEVRO², NEVANAC², PROLENSA²

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Condition	Step 1	Step 2
Respiratory		
Allergy (Intranasal)	Any one of the following generics: mometasone nasal spray, flunisolide nasal spray	XHANCE²
Cystic Fibrosis	Both of the following generics: tobramycin 300mg/4 mL AND tobramycin 300 mg/5 mL	BETHKIS, KITABIS, TOBI, TOBRAMYCIN
Epinephrine Auto Injectors	Generic epinephrine	EPIPEN, EPIPEN-JR
Inhaled Corticosteroids	Both of the following preferred brands: ARNUITY ELLIPTA AND QVAR REDIHALER	ALVESCO², ARMONAIR², ASMANEX², FLUTICASONE DISKUS², FLUTICASONE HFA^{2*}, PULMICORT FLEXHALER²
Leukotriene Modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Long-Acting Bronchodilators	SPIRIVA	INCRUSE ELLIPTA², TUDORZA PRESSAIR²,
Long-Acting Bronchodilator Combinations	Any two of the following preferred brands: ADVAIR HFA, BREO ELLIPTA, SYMBICORT	ADVAIR DISKUS², AIRDUO², DULERA², FLUTICASONE/SALMETEROL²
	Any one of the following preferred brands: ADVAIR HFA, BREO ELLIPTA, SYMBICORT	fluticasone/salmeterol diskus ² , WIXELA INHUB ²
	Both of the following preferred brands: ANORO ELLIPTA AND STIOLTO RESPIMAT	BEVESPI AEROSPHERE², DUAKLIR PRESSAIR²
Short-Acting Beta Agonist Inhalers	Generic albuterol HFA (manufactured by Cipla, Civica, Par, Perrigo, or Teva)	albuterol HFA ² (manufactured by Prasco), levalbuterol HFA ² , PROAIR DIGIHALER², PROAIR HFA², PROAIR RESPICLICK², PROVENTIL HFA², VENTOLIN HFA², XOPENEX HFA²
Urology		
Benign prostatic hyperplasia (BPH) Agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
	Any one of the following generics: alfuzosin, doxazosin, tamsulosin, terazosin, silodosin AND any one of the following generics: finasteride, dutasteride, tadalafil 5 mg	ENTADFI²
Overactive Bladder Agents	Any two of the following generics or preferred brand: fesoterodine, oxybutynin IR/ER, tolterodine IR/ER, trospium IR/ER, solifenacin, darifenacin ER, MYRBETRIQ tablets	GELNIQUE, GEMTESA, OXYTROL², TOVIAZ
	Any one of the following generics: oxybutynin IR/ER or oxybutynin syrup	VESICARE LS

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Condition	Step 1	Step 2
Generic First		
Generic First Program	Generic equivalent	ABILIFY², ACZONE GEL, ALPHAGAN P 0.1%, ALTACE, ARIMIDEX, ARTHROTEC, ATACAND, AVAPRO, AVODART, AZOPT, BROVANA², BYSTOLIC, CANASA, CARBATROL, CARDIZEM LA, CARNITOR, CATAPRES-TTS, CELEXA, CIALIS², CLARINEX, CLIMARA, CLOBEX, COLESTID, COMBIGAN, COREG, CORTEF, COSOPT, COZAAR, DELESTROGEN, DEPAKOTE, DILANTIN SUSP, EFFEXOR XR², EPIDUO, ESTRACE, EXFORGE, FIORICET, FLOMAX, GENERESS FE, GOLYTELY, HALOG CREAM, HYZAAR, IMITREX², INDERAL LA, KEPRA, KLONOPIN², K-TAB, LAMICTAL, LASIX, LATISSE, LATUDA², LOESTRIN, LOTREL, LYRICA², MAXALT², MICARDIS, MOBIC, NALFON, NATROBA, NEURONTIN, NIASPAN, NITROSTAT, PAXIL, PLAQUENIL, PLAVIX, PRED FORTE, PRINIVIL, PROMETRIUM, PROPECIA, QUESTRAN, RANEXA, RELPAX², RENAGEL, RESTORIL², RISPERDAL², RISPERDAL CONSTA, SAFYRAL, SEASONIQUE², SEROQUEL², SEROQUEL XR², SILVADENE, SKELAXIN, SOMA, SOVUNA, SUBOXONE², TEGRETOL, TENORMIN, TIKOSYN, TIMOPTIC, TIMOPTIC-XE, TIMOPTIC OCUDOSE, TOPAMAX, TOPICORT SPRAY, TRAVATAN Z², TRICOR, TRILEPTAL, UCERIS, VALTREX², VANADOM, VECTICAL, VESICARE, VIGAMOX, VIMPAT, WELCHOL, XALATAN, YASMIN, ZANAFLEX, ZESTRIL, ZOLOFT, ZONEGRAN, ZOVIRAX², ZYPREXA²

Step therapy requirements are effective as of Jan. 1, 2025. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Select Quantity Limits document.

³ Applies to new starts only.



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